

# *Verses of life*

Hussein Eskandari

*Quran is a healing prescription. Seek heal in it.*

***“We sent down of the Quran that which is a healing and a mercy to believers, but to the harm doers it does not increase them, except in loss.” (17: 82)***

“So, ask your heal from Quran; in difficulties ask help from Quran because there is the heal of great diseases which is paganism, discord, mutiny and aberration. Therefore, ask God what you need by Quran and resort to God by being friend of Quran. Do not ask anything from people by being friend of Quran; because nothing better than Quran can bring people closer to God.”<sup>1</sup>

Why Quran was named the healing? Human being has one apparent and material nature and one inward and spiritual nature, which is his main innate creation; and according to this, he has rightful beliefs

---

<sup>1</sup>- Nahjul-Balaghe, sermon 176.

about the beginning and the resurrection. As human's body may become ill, his spirits might become ill too; and as there is treatment to his bodily illnesses, there is treatment for his spiritual illnesses too. By conclusive reasoning and glowing proof, Quran removes doubts and makes hearts healthy again.

*Quran shows the best and the most trustable way*

***“Surely this Quran guides to that which is most upright and gives good news to the believers who do good that they shall have a great reward” (17:9)***

Speaking Quran –Imam Ali (A.S) stated that: “Be informed that indeed this Quran is an advisor who does not deceive and it is a guide who does not mislead and it is a speaker who does not lie. Whoever accompanies Quran, Quran will add something and will reduce something from him: add to his guidance and reduces from his aberration.”

“Be informed that whoever is with Quran is free from others, and whoever is not with Quran is needy.”

“Indeed God advised people to great Quran because Quran is God's steady core and it is something which is safe help. In Quran, there is spring of hearts and fountains of knowledge. There is no gloss, but Quran; especially for the society in which vigilantes have passed away and unawares are presents.”<sup>1</sup>

---

<sup>1</sup> - Nahjul-Balaghe, sermon 176.

*Read whatever from the Quran that you can...*

(74:20)

Whenever you read Quran seek God's shelter from the exiled Devil;<sup>1</sup> and know that the teacher of Quran is God;<sup>2</sup> and He makes it easy to read and understand.<sup>3</sup> Read Quran carefully and understand it;<sup>4</sup> and think on it;<sup>5</sup> and when they read verses from Quran, be silent and listen until you become the subject of God's mercy;<sup>6</sup>

According to Islamic traditions, reading Quran is the best thing. It is appropriate for Muslims to read Quran not less than fifty verses in a day; because reading Quran clears hearts. Quran should be recited beautifully and eloquently.

---

<sup>1</sup> - Nahl: 98.

<sup>2</sup> - Rahman: 2.

<sup>3</sup> - Ghamar: 22,32,40.

<sup>4</sup> - Mozammel: 4.

<sup>5</sup> - Saad: 29.

<sup>6</sup> - Araf: 204.